



Join us for the
14th Annual Happy Soles 5k
Run / Walk / Bike

14th Annual Race
'Taking Steps Against Hunger'

Heritage Park | 12111 Pardee Road | Taylor, MI 48180
Start at the Sheridan Open Air Pavillion

Awards will be given to:

- First overall winner male and female
• First male and female overall master winner
• All overall winners will be removed from their age group
• Top three (3) in each age group, male and female
• First 300 finishers will receive a custom medal
• Children Fun Run Ribbon

Entry Fees for 5k Walk / Run / Bike:

- \$35 Registration
• \$5 discount for active military & first responders
• \$45 combo run/walk and bike
• Register by May 17th to guarantee a TEC t-shirt
• Free Children Fun Run (no t-shirt)

Age Groups

- 14 & under • 30-39 • 60-69
• 15-19 • 40-49 • 70-79
• 20-29 • 50-59 • 80& up

7am Registration Starts

7:45am Bike 5k

8:30am Run/Walk 5k

Donations of canned goods will be accepted!
100% of race proceeds go directly to purchase food for
Fish & Loaves Community Food Pantry.

Register online:
www.runsignup.com/Race/MI/Taylor/HappySoles5kRunWalk
or

Mail this form and entry fee to:
Fish & Loaves
25670 Northline Road
Taylor, MI 48180

Fish & Loaves is a 501(c)3, client-choice food pantry, 'Ensuring No One Goes Hungry' in the communities we serve.
Allen Park | Brownstown | Dearborn Heights | Romulus | Southgate | Taylor | Woodhaven

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Male _____ Female _____ Age on June 4, 2023 _____

Run / Walk _____ Bike _____ Combo _____ Fun Run _____

T-shirt Size (Adult): XS _____ S _____ M _____ L _____ XL _____ 2XL _____ (+\$2.00) 3XL _____ (+\$4.00) 4XL _____ (+\$6.00)

Waiver: In consideration of the acceptance of my registration, I hereby agree, on behalf of myself, my heirs, executor, administrator, and assigns, to release and waive forever any and all rights and claims of damages against Fish & Loaves Community Food Pantry, all sponsors, the City of Taylor, and all officers of the race, either jointly or separately which may anytime be incurred by reason of my participation or my preparation for the aforesaid race. I also grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event that include me for any legitimate purpose.

Participant signature _____ Date _____

Parent signature for participants under age 18 _____